



NAVA SPURTHI

Bangalore Region



Vol. XII/ IV

NEWS LETTER

Oct. 2022 - Feb.2023

Message from the Regional Superior

Warm greetings to all of you!! Most of us have gone through a journey of faith with Venerable Mary Ward in the past few weeks. All of us have been happy that we had such a spiritual experience. We are here to make visible the face of God by building bridges of care and by joining hands and efforts as we strive to be daughters of Venerable Mary Ward. As friends of Mary Ward let us join to be channels of God's providence, without losing heart. Be generous in sharing out our own abundance, even in the midst of our own scarcity.



Striving out to be in right relationship with all in our communities, families and our work place. Living and working together in the name of the Lord is an essential element of our vocation. I am grateful to you all our C.J friends for the support and generosity I have received for the last 5 years. You are our companions on the journey of making the human face of God's love visible. May God and our Venerable Mary Ward guide, protect and strengthen us in making synodal communities.

Hearty Congratulations and God's Blessings on you dear Sr. Shradha Quadras as our new Regional Superior.



Maria Sadan, Bangalore

We were happy to have our vibrant senior sisters, Imma and Carina who came along with Sr. Daisy, as the former set out for a mission tour, to visit her former communities in Patna Province and the latter remained with us for a few days and visited the neighbourhood communities. They returned to their respective places by 11th November with cherished memories. We celebrated the Platinum Jubilee of Sr. Carina here with a Solemn High Mass.

The G. C. sharing session for the second group of Bangalore Region was held on 26th & 27th November in Maria Sadan. We were 21 in number from various communities besides the resource persons. We were happy to have with us Srs. Josita, Pratima & Sanjana from Allahabad, Patna and Delhi provinces respectively. Srs. Daisy & Lucia led us through the days with many input and sharing sessions. It was really an enriching experience for all.



Archbishop of Bangalore, Rev. Peter Machado invited the religious for a seminar on 14th Dec. 2022. In the context of the Synodality, which is offered by the Holy Father, to be the style and approach of the Church, “reaching out to the families and making them at home in the Church” is the apt theme of the year 2023. Evening of the same day we had the Christmas celebration of the Zonal CRI at St. Joseph’s College, where in we presented our carol singing.

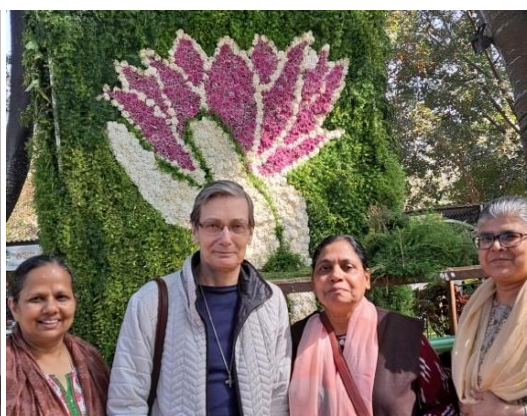
Provincials Kiran, Elsy, Jessy, Delhi Jesuit provincial and Teacher representatives visited us as they came to attend the Discernment Seminar at Prerana. Sr. Daisy, our Regional Superior too attended the same.

On 17th December 2022, our dear Amma, whom we fondly called, Sr. Alphonsa Thayil C.J left us for her eternal reward, after 72 years of her religious life. Truly she was the icon of selfless service, dedication, commitment to the Lord and His people. Her family members, Fathers, Sisters, Friends and benefactors gathered here from far and near on 19th Dec. to bid a tearful final Adieu to “Amma”. A requiem Mass was offered on the 7th day. May the Lord grant her eternal rest. We miss her joyful presence at Maria Sadan.



Srs. Linda , Smitha and Christine joined the group from St. Mary's School, Begur to visit the old age home at Sionmala, Hosur. Sr. Lilian CJ (Nepal Region) joined our community since a month for the treatment of her feet. Ex. Student of Nirmala Convent, Jhansi and Sr. Linda's classmate, Mrs. Florence, visited us and shared old sweet memories.

The Month of January was graced with the presence of our Mother General Sr. Veronica Fuhrmann CJ and General Assistant Sr. Pratima CJ in their canonical visit to Bangalore region and especially for us here during the Mary Ward week. The community as well as the hostellers welcomed them with traditional programmes. Their presence was made known to our Parish, St.Mary's Basilica, Mount Carmel College, and Claretian Provincial house. They had the opportunity to visit the winter flower show at Lalbagh botanical Garden and the enthralling Mysore palace.





It was indeed a happy and hopeful occasion for Bangalore Region on 30th Jan 2023 as Sr Biyona made her first profession at her home town Parish in Kerala and Sr. Rupali who renewed her vows. We wish you God's blessings as you dared to say YES to the Lord.



St. Mary's Convent, Mulund.

In the month of October we welcomed a few visitors in our community. Sr. Christine's niece, Anjaly stayed here for a few days to regain strength after dengue fever. Sr. Mary Jude's Sister, Sr Jovan MMS and her two companions stayed with us for a day and Sr. Mary Jude was so delighted to spend time with them. We were very happy to welcome Sr. Marilla IBVM, her sister and nephew on 17th October. Our Joy was doubled when we were at table for a delicious meal.

The eight days of Annual Retreat began on 26th October and Srs. Mary Jude, Leonie, Edwina, Seema, Prasanna, Mahima, Christine and Georgia made a meaningful retreat under the guidance of Rev. Fr. Tony SJ.

Sr. Lima left for Delhi on 30th October for the Wisdom Group gathering. At the end of the programme, she was down with Dengue and had to be hospitalised. She returned to the community on 16th November. Again, after four days, she had to be admitted at Sparsh hospital, Mulund.

The Silver Jubilarians Srs. Pricilla and Pushpa from Patna Province spent a day with us. They were indeed grateful to Sr. Prasanna for accompanying them to Our Lady's Shrine Bandra.

After two years of Pandemic, once again the church was full and the Christmas Night Vigil Mass was celebrated at the ground of St. Pius School. More than Five thousand people participated in the celebrations. Sr. Daisy, the Regional Superior arrived here for the visitation on 30th December.

School Activities

The Month of October started with 1st term exams. Gandhi Jayanti was celebrated by both Primary and secondary. A cleanliness drive was conducted in the school by primary section. We had handwriting competitions to mark the same. We had prayer service to celebrate Diwali. Our students took an Oath to celebrate green Diwali. We encouraged them to use more of oil lamps and to cut down on electric lamps. The school was closed for Diwali vacation and reopened on 9th November for 2nd term. Sr. Edwina's Birthday was celebrated on 11th November by all three sections of Secondary, Primary and K.G.



Our teachers celebrated Children's Day with prayer service and colourful entertainment programme. Our students enjoyed it to the maximum. AbhiaShyju, one of our students was felicitated by BrahmaKumaries. Our secondary students had gone for picnic to Imagica.



Olympiad exams were conducted in our school for the students of 5th to 10th. Secondary students had their mind war quiz conducted. Counselling sessions were conducted for the secondary students, by Prafula. It was a proud moment for us as one of our ex students 'Kaira' was selected for International Rugby team. The Nature club students had their cleanliness rally around. Our School celebrated Sr. Anisha's Feast Day as manager's Day.



Our Rugby players won under 17 at district level and Vibhag level and are selected for state level. Our KhoKho team secured 2nd position Kurla Taluka under 17. Our Primary students participated in interschool Tableau competitions held by 'T' ward and secured 2nd position.

Primary section had their Christmas celebration cum Annual Day on School Terrace. The same was uploaded on our School YouTube channel for the parents.



Students as well as teachers exchanged gifts and wished their Christmas friends after the Prayer Service. The entire staff was given the Christmas gifts by the management. Students made eco-friendly Christmas articles and decorated the school campus. Our primary clerk, Mr. Anil Sawant and Supporting staff Mr. Jitendra (Jitu) were felicitated on completing 25 years of their dedicated service to St. Mary's.



ICSE School News Items

Month of October was filled with the spirit of 1st Term Examination. After the exams children had a very joyful and relaxed time by celebrating Diwali, the festival of lights. Children's day was another breath taking event for children because their beloved teachers were on the dais and entertaining them as children so their joy and laughter reached the sky evermore. The Manager Sr. Anisha's feast day and the Principal Sr. Lima's birthday were celebrated in the school.

December was memorable for children and all of us. First of all, they had an exciting sports day and secondly, the spirit of Christmas was all around them. We started with a prayer service and had a Christmas skit. Children enjoyed a piece of cake and a gift and their joy was added by the thrilling dance by them and the staff in the beautifully decorated compound.



Golden Event : New year came with blessings, as our General Superior, Sr. Veronica Furhman and the General Assistant, Sr. Pratima Pinto, visited St. Mary’s Mulund. They were welcomed in the community, in the Parish and in School.



“We are the most privileged people to be the first ones in India to welcome Mother General in our parish. It is a time of grace for all of us to have such an important personality to touch her feet in our land first”. Fr. George Athaide, our Parish Priest.

Mother General and Sr. Pratima were received with School band. The School management Team escorted the dignitaries in a traditional Maharashtrian way, “Lezim Chya Talavar” to the dais.



Primary and pre primary students had their Annual Picnic to Tikuji – Ni- wadi.



25 of our students participated in “Mazi Mumbai” drawing competition 2 of our students won the prizes. ShawryaManker 3rd prize and SanviSawant consolation prize.



Class IX bid farewell to their Seniors X std. students with a meaningful prayer service and colourful entertainment programme.



Mary ward week was celebrated by primary, Pre primary and secondary section with prayer service, Dance and enactment of her life.



Republic day was celebrated with a prayer service where we recited the preamble, paid tribute to Dr. Babasaheb Ambedkar and honoured his contribution in forming the constitution of our country. Students performed dance on patriotic songs.



“Shahid Jawan Gaurav Puraskar Diwas” was held at Kalidas; where our students were invited to be the part of the event. Families of the Soldiers who have given up their life for the nation were honoured.

We had a Month long “Mulund Mahotsav” organised by MLA. Where our secondary students took part in different events and got Championship.



JYOTHIR BHAWAN, THURUTHIPURAM

In the month of October we missed Sr. Imma in the community, as sister flew to Patna, to meet her old friends and the mission of her younger days, where she had been given a warm welcome by all the people and the sisters of Patna province. Sister returned in November with a refreshed mind and heart, and in full of enthusiasm and vigour, to serve the mission entrusted to her. Month of December kept us busy with full swing, Feast of Immaculate conception, and Christmas programs. Sr. Imma & Sr. Berny with ‘Kuttykontha’ children were kept busy to reach out with Christmas cakes to the bedridden and old brethren of our parish. The Christmas celebration in both the Parishes Thuruthipuram and Kurumpathurtuth went very well. Sr. Suma serves the Kurumpathuruth Parish.

Now our house has a new look after some white washing and repairs. The new year dawn with Adoration and holy mass in the parish. Thereafter we were busy to get ready with the house to welcome Mother General and Sr. Pratima. The appointed time has come on 9th January. We welcomed them with a warm hug, which was like the ‘embrace’ of whole Congregation. After a refreshment both of them were busy with meeting the sisters, in the evening we had holy mass and they visited the parish church, Kottapuram Cathedral and Chirai beach. After dinner they left for Puthenvelikara. Leaving beautiful memories behind for us.



Now we are engaged in unit wise Annual programmes in the parish. We have 27 units. After that we will have the Popular mission retreat in the parish. We are also coming closer to the completion of catechism classes and the annual examinations. It is a satisfying mission where we are with the people, for the people and among the people.

Mary Ward Sadan, Puthenvelikara

October being the month of the Rosary, all our students were involved in praying Rosary in our school. The statue of Mother Mary was brought to us and taken to each family unit and Rosary was prayed in one family of the unit. The sisters participated in it every day.

To mark the significance of October 2 – *Ghandhi Jayanthi* and to remember the contributions made by our freedom fighters, the students organized a prayer service and other items like skit, poems and patriotic dance. The School organized the **super kid Scholarship** exams for the classes K G to 4 in the month of October.

Our children from classes VI to X were taken to Wonderla and Classes K G to 5 to Marian World, Indian's largest aquarium. They too had the glimpse of the beach there and enjoyed a few rides.

Cultural Fest:- What a student needs most to be competent and successful in every spheres of life is confidence, truly to accept oneself, to take up challenges and be able to work under pressure. The **cultural fest, a two day event**, gave children an outlet to display their talents and to win many prizes.



Sports Day :- Sports day was conducted for the Classes KG to 10. Students eagerly participated in various sports items. Football competitions were conducted house wise. And we could see a tight competition between the houses. The Tagore House won the first prize.

Kerala Piravi:- The birth of Kerala as a State was marked through a memorable program by students of class IV. Children presented dances depicting the History of Kerala and our social reforms. A skit on how Kerala arose from the water as Parasuram threw his axe into the sea was depicted by them.

In the Parish church all saints day was celebrated. We participated in the evening Holy Mass and prayers at the cemetery as preparation for 2nd November. Sr. Deepti participated in the 6 days renewal program at Delhi for four batches of profession (1980 to 1983). Sr. Rosemary attended 65th ASISC annual Conference in Trivandrum. It was a very informative .



Sr Rosalia's Golden Jubilee was celebrated on 15th November in a grand way. Sr. Daisy our Regional Superior came with flowers from Bangalore. Srs. Isabel and Celine represented Delhi and Allahabad provinces. Many sisters, a good number of family members, priests the whole school staff actively participated. Sr. Cyrilla came to be with Sr. Rosalia and then to proceed to Alakode with Srs. Amala and Rosemary to attended G C sharing there. Sr. Deepti participated in the G C sharing at Maria Sadan and Sr. Vidya could not attended as she fell sick.

Children's Day: - The day was commemorated with immense joy and enthusiasm. The celebrations began with the prayer service, and it was followed by a cultural program the staff. Children were overwhelmed with joy as their teachers entertained them with a variety of programs.

Orientation program for children:- An orientation program was organized for the children and the Resources person was Mr. Sebin P Varghese a child psychologist, who enlightened them with bad influence of media, Time management, drug abuse, respecting parents etc. Students were grateful for arrangement such program.

Srs. Deepti and Amala took Sr. Esther to her home as she often expressed her desire to see her dear ones. Some of us made a trip to recently famous prayer centre, Kripasanam at Alapuza. Sr. Vidya participated in a seminar at Karmasadan, Alapuza on Challenges in Vocation Promotion and Aspects of Religious Formation, arranged by KRLCBC Commission for Religious. We participated in the Parish feast celebrations of our mother parish Thuruthoor. On 22nd December our Sunday school teachers came and entertained us especially our very senior sisters with Christmas carols .

2nd Term Exam& Christmas Celebrations:- Students had their 2nd term examination from 9th to 23rd December. On 23rd December we had our Christmas celebration for the school. Class X students put up a meaningful prayer service.

On 26th December some of us along with the Parish representatives participated in the Holy Mass and the ceremony of the first step of the process of beatification of Rev Fr. Theophilus Pandiappally. Some of us visited 2acres Crip at Kizupadam church. It was an exciting experience. Sr. Rosemary's birthday and Sr. Amala's postponed feast day was celebrated on 28th December. We thank Almighty God for all the blessing in the last year especially for protecting us from all sickness and dangers and ask for his continued blessings in the coming year. Wish you all a very Happy and Bright New Year 2023 full of surprises and good fortune.

In the month of January the school was busy with preparation for Annual Day Function. On 7th January 2023 school had its Annual Day. Chief Guest for the day was Mrs. Roshni Thomson IFS our former student. Mrs. Roshni spoke highly about our school. All parents were happy with the performance of their children.



Another attraction of the month was the visit of Sr. Veronica, our Mother General and Sr. Pratima Pinto, General Assistant. In order to welcome them to our school our children put up a beautiful program showing the Kerala culture. Srs. Veronica and Pratima met the staff too. All our students were overwhelmed to welcome them to school. Srs. Veronica and Pratima were taken to different pilgrimage places.



Mary Ward Week:- From January 23to 30th we had our Mary Ward Week celebration. Each day children from classes 1 to 6 put up a meaningful prayer services. Theme like birthof Mary Ward, Fire at Mulwith, The death Scene etc were enacted. It was an opportunity for our children to gain some more knowledge on Venrable Mary Ward.

Mary Ward Convent and Nirmala Public School, Pizhaku

The month of the Holy Rosary was celebrated with a 10 day Rosary conducted by our students. The day ended with a solemn procession to the school grotto carrying the statue of mother Mary.



The students enjoyed their adventurous trip to different places. An innovative session on mental health and hygiene was conducted for class IX students by Miss. Christy Thomson, a psychologist, from Chavara Mannanam. It was indeed an inspiring session for our students.

Our JPIC club members conducted a plastic free school campaign. They encouraged everyone to use paper bags and steel bottles instead of plastic.



Our teachers had an opportunity to attend a training programme organised and sponsored by Asia publications. On 14 November Children’s Day was celebrated and the students enjoyed the programme by the staff. Sports day was organised and the children participated in the various sports events and house wise Football match. A Cultural Fest 2022-23 was conducted on 25, 26 November. The students actively participated in all the competitions.



In December, an orientation programme was conducted for the senior students. The resource person, Mr. Linto John, a psychologist, enlightened them concerning career choice, advantages and disadvantages of mobile use, social media and teenage issues. At the end of the session he conducted a penitential service asking pardon from oneself, nature, friends, parents and teachers. The teachers were asked to bless each student. The students felt happy and encouraged after this experience.



The Manager’s Day was celebrated by the staff and students. It was a colourful day as everyone enjoyed the entire celebration. As a part of the Christmas celebration, some of our students visited a special school at Shantinilayam and entertained them.



They sang carols and shared with them a few moments of love and joy. They left the place with a sense of gratitude to God. On 23 December we celebrated Christmas with a meaningful prayer service and house-wise carol singing competitions. We were delighted to have Sr. Anu from Delhi province for Christmas.

We Wished each other especially our Christmas friends and closed the school for Christmas vacation. Sr. Anu from Delhi province joined us for Christmas as she is teaching in a college at Kuttikanam, Kanjirapilly. On 30th December we participated in the Ordination and First Mass of a deacon, Prince Vadakedath, from our parish who is belonging to Ujjain diocese.

On 3rd January we reopened the school after the Christmas holidays. The students started practicing for the visit of Mother General as well as for the annual programme. In honour of our Institute feast we had special Holy Mass offered by the newly ordained priest of our parish, Rev. Fr. Prince Vadakedath in our chapel and prayed for all the needs of our congregation.



On 12th January we welcomed Mother General and Sr. Pratima to our community by 8.15 am as they were reached by Sr. Deepti from Puthenvelikara. Soon after breakfast they began their work of meeting the sisters. In the afternoon we took them to St. Alphonsa's place at Bharnaganam and Blessed Kunjachen's place at Ramapuram. On the way we visited Sr. Janet's house (Patna province) according to her wish as she is from our parish.

On 13th January Mother General and Sr. Pratima attended the Holy Mass in the parish church. The priests of the parish welcomed them with bouquets of flowers. They visited the cemetery and prayed for the souls of our two sisters buried there. Our Mother General, Sr. Veronica was welcomed by our school in procession with the school band and was taken to the auditorium for the cultural programme by the students and teachers. Thereafter Mother met the teachers, spoke to them and had a tea party with them.

On 14th January our whole community along with our parish priest as well as Srs. Mariella and Anu from Delhi province and Sr. Sophia from Patna province, took Mother General and Sr. Pratima for a boat ride to Kumarakom, in Kerala. We were in the boat the whole day seeing different places as well as having our meals too. It was an enjoyable trip for all of us and some of us learned to drive the boat including Sr. Veronica. After dinner we reached them to the Kottayam railway station and put them in the train as they were going to Alakode by train. On 23rd to 30th January we had the prayer of the Mary Week in the community and school.



On 25th January our school had the annual PT display on the school ground. Our parish priest, Rev. Fr. Joseph Thekkayil, was the chief guest. The principal of our school, Sr. Suchita CJ, teachers and the students really worked hard to put up a beautiful programme for the parents even though there was some drizzle of rain. It was appreciated by one and all.

30th January was another memorable day for our community as we were the host to see to all the arrangements for the Vestition and the First profession of Sr. Biyona CJ in her parish close to us as she is the ex-student of our school. The Vicar General of our diocese was the main celebrant and the Holy Mass and vestition was according to the Syro- Malabar rite as we are in a Syro- Malabar diocese. About 20 CJ sisters were present along with our Regional Superior, Sr. Daisy CJ for the same. Our school and community felicitated her and prayed for her offering Holy Mass.

On 31st January Sr. Suchita along with two students of our school went to Kolkata for the inter school JPIC programme hosted by the IBVM sisters. It was an enriching experience for them.



St. Mary's Convent, Alakode

Srs. Jyotsna & Sherly made their annual retreat in the month of October and came back refreshed and strengthened spiritually. The diocesan level closing ceremony of Mission League platinum jubilee was held in our parish church on the 8th of October. Srs. Basilia, Thomasina and Nelcy took an active part in the events and helped out for the same. We were delighted to have Sr. Daisy with us to celebrate her feast. The priests from the parish joined us for a sumptuous meal after the Holy Eucharist. Sr. Nelcy went for a spiritual renewal course cum retreat from 23rd Oct- 3rd Nov. to Goa in preparation for her silver jubilee. Sr. Lawrentia's sister and family paid a visit to her.

Srs. Thomasina and Nelcy attended catechism teachers' seminar given by Fr. Antony Tharekkadavil, organized by the Telicherry Diocese, on the 12th of Nov. The main topic of the seminar was about the various jihads through which the Catholic youth are being trapped into Islam. Srs. Basilia and Jyotsna joined the Cappuchin fathers for the inaugural function of their new house in Nellippara. We are indeed glad to have them in our neighbouring parish to avail their spiritual help. Sr. Basilia was happy to attend the golden jubilee celebration of Sr. Rosalia, her batch mate in Mary Ward Convent, Puthenvelikkara.

The G. C. sharing session for the first group of Bangalore Region was held from 18th to 20th November in St. Mary's Alakode. We were 23 in number from various communities. We were happy to have with us Srs. Vimla & Anu from Patna and Delhi provinces respectively. Srs. Daisy & Lucia led us through the days with many input sessions and personal and group sharing sessions. It was really a time of deeper reflections, sharing and discussions.



Sr. Cyrilla was down with Herpes Zoster during the G. C. sharing days and remained with us for another two weeks of rest. We celebrated Sr. Jyotsna's feast on the 22nd with a meaningful Holy Mass and a delicious meal with the priests of the parish.

In the month of December we were glad to have Sr. Celine from Allahabad along with her brother, sister and sister-in-law for a day. We also celebrated Srs. Sherly's & Nelcy's birthday soon after Christmas. Srs. Gladys, Jyotsna and Thomasina attended an inner healing retreat in Mother Home, Pariyaram, the diocesan retreat centre. They returned on the 30th happy and graceful. On the same day we had the ordination of Deacon Jinto Panathoor belonging to our parish church. We celebrated the Institute feast on the 3rd January in a grand style. We were indeed glad to have the presence of our parish fathers and Sacred Heart Sisters for the same. We were happy to have a surprise visit from Srs. Rosaria, Roshni and Reshma on that day. We were also privileged to have a short visit from Srs. Sophia & Merlin from Patna and Delhi respectively. Sr. Gladys had an operation for her broken hand in Tejaswini hospital, Mangalore. Now she is recuperating in our house. We had our church feast on the 13-15 January. We helped out in the parish in many ways.

We had the presence of our Mother General Sr. Veronica C. J. & Sr. Pratima C. J. for the visitation on the 15th & 16th January. They were reached to Mangalore by Srs. Sherly & Thomasina to proceed to Bangalore.



School Activities

Festivities and Celebrations

October was a month of cultural competitions, get together, celebrations and festivities. We had 10 days of rosary in honour of the Blessed Mother, organized by various classes under the guidance of their class teachers. The statue of Mother Mary was decorated beautifully and rosary was conducted very creatively.



On 15th October, World Food Day was celebrated by the Science section of Higher Secondary, with a food exhibition. They displayed various healthy and junk food items to give awareness for a healthy food habits. The function was graced by Mr. KP Musthafa, the Assistant Commissioner, Food & Safety Officer, Kannur.

We celebrated the children's day on the 15th. The teachers entertained the students with variety cultural programmes. All the students were given laddu on that day. On the same day the Commerce students with the help of the staff Mrs. Madhurima & Mrs. Siji Sabu conducted Commerce fair.

We had the 24th Anniversary of our school, celebrated on the 22/12/2022. The students presented many colourful items depicting the various cultures and traditional practices of various states of our country. The primary gave a powerful message to the audience through a dance drama, about the current problem our country faces, the drug use, abuse and addiction. During the event, the class toppers and subject toppers from the CBSC board were given mementos and cash awards were given

too. The golden jubilarians Srs. Gladys & Basilia and silver jubilarians Mrs. Daisy Johny, Mrs. Jini and Mr. Roy were also honoured for their services to the institution. All the items displayed were well appreciated by many.



Sports and Cultural Events

Our students participated in Cultural Fest, various stage competitions conducted by Sahodaya and bagged many prizes. Among the 27 students participated, 14 of them were qualified for State level competitions by winning first and second prizes.



The other remarkable achievements of our students are Roll ball championship trophy won by Noyal Vino Joseph and the team in an international event held in Srilanka, in all Kerala Sahodaya Cultural Fest Aishwarya Devasia won second prize in anchoring and Abel Mathew Jose secured third prize in State level Roll ball tournament under 10. In All Kerala CBSE Basketball tournament, our girls under 19 won Runners up trophy and Tessa Maria George received promising player award. In the Athletic meet held by Kannur Sahodaya, our students won 8 gold, 2 silver and 2 bronze medals and became over all championship under 14 girls, Overall Runners -up under 19 and secured 4th position among the 69 schools participated. We congratulate all the students who brought laurels to the school by winning many prizes in various interschool competitions.



The high school session had the sports day on the 28th of October. All the students enjoyed the day participating in various sports items as well as jeering their house members.

Courses and Tours

On the 5th of November , a career guidance class was organized by our school for the students of 10th& 12th standard. Primary had their sports day on the 11th and it was a very exciting and entertaining day for the little ones of our school.

The students of classes 7 & 12 enjoyed a day of outing to Kushal Nagar, Koorg, accompanied by Srs. Sherly, Thomasina and their teachers. The students of classes 3 & 4 enjoyed a day in the water park, Vismaya, Taliparamba.



In the first week of December we conducted the second terminal examinations. We were very delighted to welcome our dear General Superior, Sr. Veronica Furhman and Sr. Pratima C. J., the general assistant, to our school on the 16th of January. The little ones of kindergarten dressed in colourful frocks stood in two lines, giving her a cordial welcome. We also had a few cultural programmes to entertain them. The teachers were glad to have a short meeting and tea party with them.



The 12th standard students began their final practical examinations on the 17 January and ended on the 31st. Our school band was specially invited by the parish church feast. They added colour and vigour to the procession. Mary Ward Week prayer assemblies were conducted from the 23rd- 30th January by the 7th& 8th standard students. They depicted the various stages of the life of Venerable Mary Ward during the meaningful prayer services.



ST. MARY'S CONVENT SCHOOL, BANGALORE

DUSSERA & DEEPAVALI CELEBRATION

Dussera & Diwali are one of the major festivals celebrated across INDIA. Diwali is also called the festival of lights, it reminds us that even in the darkest of times, we can still be lamps of positivism to those around us. Students dressed up in ethnic attire and took a pledge to say NO to crackers and NO to electric lights. They also had Rangoli and Dance competition with a theme.

KG - CLAY MODELLING & BROWN DAY CELEBRATION

Clay modeling is a great way to develop a child's fine motor skills, imagination and spark creativity. A competition on clay modeling was conducted for Nursery, LKG & UKG, wherein students participated enthusiastically. The main objective of the competition was to stimulate the imagination of the children and enable them to give a better shape to their creativity. Students hand crafted vegetables & fruits like pumpkin, cucumber strawberry & banana, Teddy's, huts, animals like bear, hippopotamus, elephant & rabbit. They also had Brown Day where students dressed in brown costume and did the drawing and colouring in brown.



SPORTS DAY

Sports day is something every student looks forward to. Sports enhance every aspect of child's development and learning, and boosts the physical activity of the students. Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity. Students took part in many athletic events and House wise competitions very enthusiastically and secured many medals and certificates.



65th KANNADA RAJYOTSAVA CELEBRATION

Kannada Rajyotsava is celebrated every year on 1st November since 1956 with great enthusiasm in Karnataka. Students spoke about the birth of Karnataka and Kannada language and presented

cultural programme in Kannada highlighting the history and legacy of the State of Karnataka very effectively.

CHILDREN’S DAY CELEBRATION

November 14 is celebrated as Children’s Day every year in India, in remembrance of India’s first Prime Minister, Jawahar Lal Nehru, born on November 14, 1889. The celebrations began with the Morning Prayer, followed by a variety of fun filled activities and games, planned and prepared by the teachers.



ACHIEVEMENTS: Nikhil Anthony of class 4 has entered into **INDIA BOOK OF RECORDS** for solving Rubric Cube Puzzle. He solved 8 different types of Rubric Cubes including 2*2, 3*3 & Pyraminx in 7:35 seconds at the age of 8. Gayanika of class 8 has secured 1st prize in the district level for **Instrumental Melody** category.

CYBER SAFETY & SECURITY AWARENESS PROGRAMME

We live in a highly connected world, students spend more time online than ever before. Students’ online experiences play a significant role in their social and emotional development, which is why cyber safety education has been identified as a priority for students. This programme provided an overview of cyber safety for class 5-10 students, explaining what it is and why it’s important. This programme was a useful resource for teachers as well as the school community, who play a major role in protecting the safety and well being of students.

JPIC ACTIVITY REPORT – OCTOBER TO DECEMBER 2022

Three Saturdays in a month, an hour each is set aside for JPIC / FMW activities in School. The coordinators and Teacher animators plan the activities for the students and help them to execute. Various activities done by the students are as follows- **Making of Diyas** with Eco-Friendly Articles was conducted. Awareness on ‘**SAY NO TO PLASTIC**’ was given through a PPT presentation and through chart making in every class.



Vanotsava

As a part of JPIC activity five students from our school took part in an inter school nature related competition named **VANOTSAVA** in Christ Academy School on 25 November. It was a one day hands-on Nature workshop to learn about sustainable practices to preserve nature for the future generation. The students learnt the basics of **FARMING, POTTERY, SOIL ECOLOGY, ANIMAL HUSBANDRY, NUTRITION** and **WASTE MANAGEMENT**. Our school got the best participation



JPIC: Waste Management



prize and certificate. Our school conducted one day workshop

on **'WASTE MANAGEMENT'**. The students were taught the process, to compost the kitchen wastes and leaves and were given awareness about waste management through PPT presentation. The students promised to do the same in their homes. As a part of **GREEN CAMPUS** project the students were taken to visit **CRESCENT CHEMICAL INDUSTRIES** to learn the process of making herbal floor cleaner, toilet cleaner, room fresh etc.

As a part of JPIC & Mary Ward Club activity in the month of December, the students from nursery to class X and the staff, generously donated food items, toilet articles, stationary and cash to make a difference in others' life by sharing their gifts and being charitable towards the needy. They were so generous that we collected things for two centres. The sisters, a teacher & students visited **AROKIA ANNAI HOME FOR THE AGED, HOSUR**, interacted with the inmates, and put up a short Christmas programme to cheer them up. We donated the generous contribution made by our staff and students. It was a fruitful and memorable experience for the students. The director of the Centre Fr. Irudayaraj gratefully and appreciated the generosity of the students. He also promised to keep us all in their regular prayers. We will be visiting one more centre in January.



CHRISTMAS CELEBRATION

December is a joyful season and it's Christmas that adds to the Joy and Happiness to our lives. We celebrated Christmas with our students and well wishers. Students put up a meaningful programme with music and dance. We distributed Christmas cakes to all and closed the school for Christmas vacation.



On 17th night we got the sad news about the sudden demise of Sr. Alphonsa. Next day morning all of us went to Maria Sadan to be with Amma's mortal remains. From our School all the teachers went and prayed for Amma's soul. We miss her presence very specially when we visit Maria Sadan. RIP.

WELCOME TO GENERAL SUPERIOR & GENERAL ASSISTANT

With great Joy and Love we welcomed SR. VERONICA FUHRMANN CJ, General Superior & Sr. PRATIMA PINTO CJ, the General Assistant to St. Mary's Convent School, Begur, Bangalore. They



were given the glimpse of rich cultural heritage of Karnataka through various entertainment programmes. Sr. Veronica in her message emphasised on doing good by being good and using all the God given talents and abilities to make a difference in the lives of people and the society where we live. Sr. Pratima in her message spoke about the important quality of Listening -Listening to elders, parents and Teachers because God speaks through them.

MARY WARD WEEK 2023

Mary Ward Week celebrations are part of school calendar where students are motivated each year by her exemplary life. This year too we had prayer service conducted by different classes very creatively with a theme and a value to imitate and make it part of our lives.



REPUBLIC DAY & MANAGER'S BIRTHDAY

On 26th Jan School celebrated the Republic Day and the Birthday of Sr. Mahima, the school manager. Students were enlightened about the importance of Democracy and their role in casting their votes. The staff and students also wished Sr. Mahima and prayed for her. The colourful entertainment programme added to the beauty of the celebration.



ART, CRAFT & SCIENCE EXHIBITION

On 28th January School hosted a grand Art, Craft and Science Exhibition for the Parents and well-wishers. Rev. Fr. Arokya Swamy Sebastian, the dean of the Begur Deanery inaugurated the event. Each class had a theme on which the exhibition was displayed. It was wonderful and was greatly appreciated by the Parents, ex -students & all who visited. It was a Eureka moment for us to understand the ability and talent of our students and Teachers who guided them.



JPIC -SAGM - PARIVARTHANA

Two students along with Sr. Sanjana took part in CJ/Loreto JPIC South Asia General Meet, Parivarthana – Plan of Action, from 1st February to 3rd February, 2023 in Loreto Day School, Elliot Road, Kolkata. The Meet was focused on **Laudato Si Action Plans: Gender Equality, Stop Child Labour, Save Water and Green Campus**. The first day was a Reporting Session where 41 schools from India, Nepal and Bangladesh presented their two years report on JPIC activities carried out in their respective schools and areas based on Laudato Si Goals. Two of our students briefed the JPIC activities done by our school. Along with the Reporting session the various schools put up dance on the theme of Laudato Si Goals and some schools depicted the beauty of their respective states' culture. Our students Sherlin of class 9 and Lakshagnya of class 8 staged a dance depicting one of the beautiful cultures of Karnataka called kodava along with students from Kerala.

On the second day the students had workshop on Theatre (street play) and Photography on four Laudato si action plans. The students in photography had guided tour in the neighbourhood of Kolkata streets to click photos to create a reel/presentation for a short story telling video for 3

minutes. The theatre group students prepared the street play on the same theme. The main aim of this workshop was that students can be change makers. Once they are able to identify the problems, they would try and address them. Besides, the children who are able to identify the problems with a little motivation, would be able to counter it even in their homes or neighbourhoods.

On the third day the theatre group students staged the street play at main public places (on road) ,around Loreto Day School, Elliot Road. The public and the rest of the teachers, students and sisters were the audience. The students who opted for photography presented their reels/presentation.

The Meet ended with the declaration of the JPIC action plans for the year 2023-2025 by two students from Loreto and two from CJ. As a token of appreciation all the schools were honoured with a sapling. The event ended with JPIC prayer and JPIC Anthem.

Mary Ward Illam, Mittapalli

In the month of November all the sisters from our community attended in turns the Region days GC Sharing at Alakode and Bangalore.

Children's Day was celebrated on 14 Nov., with so much love and enthusiasm by our teachers. They prepared a meaningful prayer service and a few items to entertain the students.

Youth Meeting: On 26th November Dharmapuri Diocese had taken the initiative to gather all the Catholic youth of the Harur Vicariate in Uthangarai Parish for a renewal program. Sr. Auxilia gave them a talk on the characteristic nature and the main purpose of that gathering. She urged them to aim high and to have self confidence to achieve their goals in life by perseverance and hard work as God has blessed everyone with needed skills. It was a great experience to interact with the youth and get to know them.

On 9th December Srs. Mercy, Japa and Divya along with the teaching staff of our school had gone to Ooty for a picnic. On 18th Dec the entire community joined for the Christmas celebration organised by the CRI at the Pastoral centre Dharmapuri. The day was packed with activities. Rev. Fr. Joe SJ enthused the participants with his inspiring talk and hilarious jokes. The dance performance by the HIV children left the audience spellbound. The carol singing by the sisters of different congregations was praiseworthy. The sacrament of confession and the Holy Eucharistic celebration enabled us to prepare ourselves aptly for the Christmas celebration. The Bishop of Dharmapuri Rt. Rev. Lawrence Pius out of his generosity gave a gift to every participant. An enthusiastic Chitchat and laughter filled the hall during the festive meal.

On the same day at 5.30 pm our parish organised Christmas get together for the leaders of different Christian denominations and various religions of the locality. The cultural programme by different religious groups was well appreciated besides a dance troupe from Thirupathur gave a dance performance depicting the culture of Tamil Nadu. The Bishop of Dharmapuri at the end of the programme gave the Christmas message highlighting on synodal nature of the Catholic Church and its prophetic role in proclaiming the Gospel to the entire world. In the end he joined us for the fellowship meal prepared in the Parish house.

Sr. Daisy our regional superior and Sr. Shradha from Begur community visited us on 13th Dec. while Sr. Shradha left for Begur on 16th Sr. Daisy stayed with us till 17th.

On the 19th Srs. Auxilia and Mercy had gone to Maria Sadan, Bangalore to attend the Funeral Service of Sr. Alphonsa.

On 23rd the whole community had gone to distribute cakes and to greet the Fathers and Sisters at Visuvsampatti and Thirupathur for Christmas. We were enriched by the hospitality of the Fathers and sisters that we visited.

This year the Christmas celebration in our parish was of unique nature. After the solemn Eucharistic celebration the Parishners gathered in front of the Crib for a short entertainment programme by the children of the parish. While savouring the delicacy of the Christmas cake and hot tea, people delighted themselves watching the cultural events.



Christmas was celebrated for the students and the staff. The students along with the able guidance of Sr. Mercy prepared a meaningful prayer service and a variety of dances to mark the occasion after which the school was closed for the Christmas vacation.

WELCOME TO OUR GENERAL SUPERIOR

On 22nd Rev Father Mariadass, our Parish Priest offered Holy Mass for the intentions of our Mother General and her councillor. Before the Mass Sr. Mercy gave the introduction which was followed by lighting the lamp by Our Mother General and her councillor.

On 23rd on the occasion of the Birth Anniversary of our Foundress Venerable Mary Ward Rev Fr. John Michel SJ from Harur Parish came to celebrate the Holy Eucharist. The Holy Mass Began with an introduction by Sr. Mercy. Father during homily stressed on 'Finding God in all things and Referring all to God 'Through the example of Mary and Martha from the Holy Gospel Father explained the relationship between our prayer and mission . After the Mass Father joined us for breakfast. On 23rd January, we welcomed our General Superior, St. Veronica and her councillor Sr. Pratima with a lot of pomp and enthusiasm. There was a short and lively cultural programme by our students followed by a tea – party with the teachers. It was a joy and blessing filled day for the Mary Warders in Mittappalli. In the evening we had the organised recreation and during which surprisingly Our Mother General bagged all the prizes from every game .It was indeed a special experience being with our Mother General. In the evening we had the organised recreation and

during which surprisingly Our Mother General bagged all the prizes from every game .It was indeed a special experience being with our Mother General.



MARYWARD WEEK

The entire Mary Ward Week from 23rd to 30th January was celebrated in our school by having prayer service by different classes during the school assembly. It was very much enriching to see that every class tried to celebrate the day prescribed to them creatively highlighting the various aspects of Mary Ward and her life. It was a leaving experience for those students and teachers who are new to our school.



FAREWALL

The school bade farewell to the class XII Students on 4thFebruary. The students of class IX prepared a meaningful prayer service and a few cultural items to entertain our seniors. Sr. Auxilia led the students into a beautiful anointing prayer. The students were given a moment from the school and the programme ended with a tea party.



MARY WARD NIWAS, UMRALLA

Our nursery Kids had Deepali and Christmas Celebrations. All the parents took leave and came to see their children's performance. Their gifts and snacks were sponsored by parents. Both parents and children enjoyed the celebrations. Christmas Mass was celebrated on Church grounds after a gap of two years. Both of us, Srs. Cyrilla and Georgia were busy in preparing 2 alters and flowers. We spend a lot of time in visiting families especially the sick and old.



We were happy to welcome our General Superior, Sr. Veronica Furhman and the General Assistant, Sr. Pratima Pinto to our community as well as in the Parish community